

Health First Business

Back Injury Prevention

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The number one cause of time-loss from on-the-job accidents is back injury. This is why we focus on this subject as one of our primary services. Whether in a retail setting, a bank, a factory, or even a professional office, employees will encounter the need to lift. Sometimes the lightest of materials or the smallest of packages can cause trouble.

Our back injury prevention services can be as simple as a 20-minute reminder class for your employees, or we can design a full scale, ongoing program based on a model that helped a major airline reduce back injury by more than 90% for their front line ticketing personnel.

This is known as our Back Smart program. There are numerous needs that exist for each employer and we are equipped to work out specific solutions to meet the needs of your workplace. Our one on one consultation with your team can determine which efforts will be the most effective for you.